

PAPERFLOWER PSYCHIATRY PRESENTS

**HERE ARE FIVE TIPS
ON HOW TO
AVOID MEDICATION
SIDE EFFECTS**



**HYDRATE TO
AVOID DIZZINESS
+ CONSTIPATION**



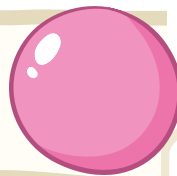
**TAKE WITH FOOD
TO AVOID NAUSEA**



**TAKE AT NIGHT TO
AVOID SEDATION**



**CHEW GUM TO
AVOID DRY MOUTH**



**SUNSCREEN +
SUNGLASSES FOR
LIGHT SENSITIVITY**

